

MAYDAY INDUSTRIES



12186 - 24-Hour Emergency Meal Kit

All you need is cold water to enjoy the 24-Hour Emergency Meal Kit! No boiling water and no cooking is required. Included in the kit are three meal pouches and three sets of utensils. With 41 grams of protein and 1,010 calories, the 24-Hour Emergency Meal Kit is an ideal solution for individuals in emergency situations and can be easily stored thanks to its 25 year shelf life.

INCLUDES:

- (1) Vanilla Protein Shake (480 calories / 28g protein) Meal Pouch
- (1) Creamy Chicken-Flavored Mashed Potatoes (300 calories / 6g protein) Meal Pouch
- (1) Maple Brown Sugar Oatmeal (230 calories / 7g protein) Meal Pouch
- (3) Utensil Sets

Best stored at temperatures between 55 F and 70 F. Water not included.

(24) meals per case
(21) cases per pallet 48x40x70
Pallet weight 350LBS.

EMERGENCY MEALS

12186 - 24-HOUR EMERGENCY MEAL KIT

MAYDAY INDUSTRIES



1. Open pouch and remove oxygen absorber.
2. Add water, filling about 1/4 of pouch or until oatmeal is covered (1 Cup/8oz)
3. Mix with spoon or close pouch and shake.
4. Let stand 3 to 5 minutes.
5. Eat meal straight from pouch.

Nutrition Facts

1 servings per container
Serving size 2/3 Cup (67g) Dry

Amount per serving
Calories 300

	% Daily Value*
Total Fat 12g	15%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	18%
Total Carbohydrate 41g	15%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 1mg	6%
Potassium 759mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Creamy Chicken Flavored Mashed Potatoes

INGREDIENTS: dehydrated potato flakes (potato, monoglycerides, sodium acid pyrophosphate, citric acid, sodium bisulfite and BHA to preserve freshness}, creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide [flow agent]), freeze-dried corn, corn starch, freeze-dried peas, natural chicken flavor (autolyzed yeast extract, maltodextrin, salt, chicken flavor, chicken stock, natural flavor, chicken fat, silicon dioxide), low sodium chicken base (corn syrup solids, corn starch, hydrolyzed soy and corn protein, salt, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, dehydrated parsley, natural flavor, and silicon dioxide added to prevent caking}, onion powder, yeast extract, parsley, turmeric.
Contains Milk, Soy.

SHELF LIFE: 25 YEARS BIOENGINEERED
Net Weight: 2.38 oz (67.4 g) 5-26630

EMERGENCY MEALS

12186 - 24-HOUR EMERGENCY MEAL KIT

MAYDAY INDUSTRIES



1. Open pouch and remove oxygen absorber.
2. Add water, filling about 1/4 of pouch or until oatmeal is covered (1 Cup/8oz)
3. Mix with spoon or close pouch and shake.
4. Let stand 3 to 5 minutes.
5. Eat meal straight from pouch.

Nutrition Facts	
1 servings per container	
Serving size	1/2 Cup (58g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 42g	15%
Dietary Fiber 4g	14%
Total Sugars 14g	
Includes 14g Added Sugars	28%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 2mg	10%
Potassium 200mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MBS Oatmeal

INGREDIENTS: quick oats, sugar, creamer (hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide, soy lecithin), natural and artificial maple flavor (dextrose, maltodextrin, less than 2% silicon dioxide added to prevent caking), brown sugar, non-iodized salt.
Contains Milk, Soy.

SHELF LIFE: 25 YEARS BIOENGINEERED
Net Weight: 2.05 oz (58.0 g) 5-26620

EMERGENCY MEALS

12186 - 24-HOUR EMERGENCY MEAL KIT



1. Open pouch and remove oxygen absorber.
2. Add water, filling about 1/4 of pouch or until oatmeal is covered (1 Cup/8oz)
3. Mix with spoon or close pouch and shake.
4. Let stand 3 to 5 minutes.
5. Eat meal straight from pouch.

MAYDAY INDUSTRIES



Nutrition Facts

1 servings per container	
Serving size	1 Pouch (107g)
Amount per serving	
Calories	480
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 15g	75%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 410mg	18%
Total Carbohydrate 56g	20%
Dietary Fiber 0g	0%
Total Sugars 34g	
Includes 27g Added Sugars	54%
Protein 28g	39%
Vitamin D 18mcg	90%
Calcium 309mg	25%
Iron 0mg	0%
Potassium 574mg	10%
Vitamin A 1128mcg	130%
Vitamin C 1mg	2%
Riboflavin 0.1mg	8%
Vitamin B₆ 0.5mcg	20%
Phosphorus 418mg	35%
Magnesium 31mg	8%
Zinc 1mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vanilla Protein Shake

INGREDIENTS: creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), whey protein (whey protein concentrate, sunflower oil lecithin), sugar, modified food starch, nonfat dry milk, cream flavor (maltodextrin, lipolyzed cream, natural flavor), non-iodized salt, trench vanilla flavor (vanilla flavor, maltodextrin, modified food starch), vitamin A palmitate, silicon dioxide, vitamin D3.

Contains Milk, Soy.

• SHELF LIFE: 25 YEARS BIOENGINEERED
Net Weight: 2.38 oz (67.4 g) 5-26630

EMERGENCY MEALS

12186 - 24-HOUR EMERGENCY MEAL KIT